

The Whole Tooth

Smile Style Dental Care Centre www.smilestyledentist.co.uk

October 2009

SAY GOOD BYE TO PUMPKIN SMILES!



Say Hello To A Frightening **29.99% Off** the Smile Style Meta Tray Tooth Whitening System This Halloween...

How many of these statements are true about you?

- I'm not as {attractive} as I'd like to be.
- I have the potential to {look better} but don't know where to start.
- I wish someone created an easier way to {make me beautiful}.

If you answered "yes" to any of the above statements, keep reading because we've got the answer you've been waiting for.

Finally, there is a way to make {looking better} easier for people just like you. It's taken {16 years} to perfect this method of dentistry. Introducing **Smile Styles Meta Tray Tooth Whitening System**. This amazing new discovery will change your life forever! Through a specially designed process, {Smile Styles Meta Tray Tooth Whitening System} can help you achieve the level of {beauty} you've been working towards.

Imagine a new and improved you in less than 3 weeks.

It can be yours. With only a minimal amount of {money} you can become the person you've always wanted to be.

Call 01785 225505 now and book an appointment between 1st and 31st October but Hurry we only have 20 systems available!



Mr & Mrs Corfield

'Winners of our knife competition last month'.
They correctly identified Pompeii in Italy!



List here all the patients that referred new patients to you last month and also mentioned any winners of competitions or welcome new patients!

Jennifer D

Susan W

Barbara C

Maggie D

Dianne L

WELCOME TO....

Rosemary A

Elizabeth B

Neil D

Steven H

Alison H

Thomas W

Phil D

Dave B

Keith L

Stephen S

Peter C

Martina V

Ali R



Our lucky winner of the *Jelly Beans*; Carol is new to Smile Style and was thrilled with her win

"I saw old Autumn in the misty
morn

Stand, shadow less like Silence,
listening
To Silence."- Thomas Hood

Keep That Summer Glow and Fresh Smile!

As the nights darken and everything fades here at Smile Style we want to keep you sparkling and fresh for Autumn!

From the 1st to 31st October we are offering you 10% discount on a "Refresh your smile recare with Jane and Julie the Smile Clean Wizards to the first 10 patients who book an appointment!

Just call 01785 225505 today and book an appointment in October for this very special offer.

We are looking forward to cheering up Autumn with you!

Here's what other satisfied patients said about us



*To All at Smile Style
Thank you for giving me my dazzling smile!*

My biggest thanks to Richard for all his hard work with fantastic results, which have changed my life so much; words cannot express.

EASY FAMILY PUMPKIN SOUP

Top this delicious soup with a bit of purchased pesto or some roasted corn kernels and Parmesan cheese.

Prep Time: 15 minutes

Cook Time: 30 minutes

Ingredients:

- 4 (14 oz.) cans ready to serve chicken broth
- 2 cups frozen corn
- 1 onion, chopped
- 2 cloves garlic, minced
- 16 oz. can solid pack pumpkin
- 1 cup half and half
- 1/4 tsp. salt
- 1/8 tsp. pepper
- 1/2 tsp. dried thyme leaves

Preparation:

Combine broth, corn, onion, and garlic in large saucepan and bring to a boil.

Reduce heat and cover.

Simmer for 20-30 minutes until onion is tender.

Stir in pumpkin and blend well.

Cover pan and simmer 5-10 minutes.

Then add half and half, salt, pepper, and thyme; stir well.

Heat for 2-3 minutes until steaming. 8 servings



Smile Style has become a 'Green Achiever' and has been awarded a certificate for our contributions to helping the environment.

**You could be the Winner of a
FREE Dinner!
WHERE IN THE WORLD?**



Enter our prize drawn by telling us 'Where in the World' and you could win a

Meal for two and a bottle of wine at....

The Swan Hotel



**Inside-*Out*
Outside-*In***

When you do laundry, you may turn your clothes inside out to protect them, but the reality is the soapy water will penetrate both sides regardless. The same goes for your skin. Whatever you apply topically is absorbed into the body and whatever you ingest (eat) is manifested on the skin's surface.

The skin is the largest organ of the body; therefore it provides a substantial opening for toxic chemicals to be absorbed. When you rub chemicals (in the form of lotions, creams or cleansers) onto your skin, they enter your bloodstream in just minutes. Many products look and smell good, but they don't actually benefit the skin. When you eat the right foods, your body feels better and your skin looks healthier. Why not care for your skin in the same way?

CosMedix's chirally corrected (purified) products care for your skin as nature intended. Active and pure ingredients working at cellular level enable your skin to produce healthy, hydrated cells that look and feel healthier. Facial and body products cleanse the skin from the outside, while powerful antioxidants seep into the body to work from within. **CosMedix's** *SKINutrition* provides the dietary supplementation necessary to nourish the organs, resulting in glowing skin on the outside.

For a healthy body and youthful-looking skin, book a consultation with Jeni, our Medical Aesthetician. For a half price consultation bring this article with you to your appointment.



CosMedix's Products

Seasonal Balance.....

Autumn Tips:

- * Go to bed at sunset and arise at dawn
- * Remain calm and peaceful, and avoid depression
- * Rein in your desires and become focused
- * Breathe deeply and smoothly



HALLOWEEN JOKES FOR KIDS!!!!!!!!!!!!!!

Who won the Skeleton contest?
Nobody

Why don't angry witches ride their brooms?
They are scared of flying off the handle!

Where do baby ghosts go during the day?
Day Scare Centres!

What do witches put on their hair?
Scare Spray!

Why was the Mummy so tense?
Because he was all wound up!



October Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21 Trafalgar Day	22	23	24
25 British Summer Time Ends Clocks go back	26 Practice closed Half term holiday	27 Practice closed	28 Practice closed	29 Practice closed	30 Practice closed	31 Halloween